

RANGI RURU GIRLS' SCHOOL TECHNOLOGY FACULTY

# Food and Nutrition

## Year 12 NCEA Level 2 Student Information Handout

### 2017

## Course Outline and Assessment Procedures

### Welcome to Year 12 Food and Nutrition.

This course focuses on Level 7 of the Health and Physical Education Curriculum. It will offer you the opportunity to experience and participate in a wide range of activities in a variety of contexts. This course will help you to identify and reflect on factors that influence people's choices and behaviours relating to food and health. You will be able to make informed decisions about food and make choices that will contribute to your own well being and that of other people. The practical food experiences have been designed to help develop health-enhancing attitudes to food and nutrition.

**The Year 12 Food and Nutrition course contributes up to 19 credits towards the Level 2 National Certificate of Educational Achievement (NCEA).**

The work throughout the year will be assessed in two different ways:

- Internal Assessment – assignments and practical tasks carried out throughout the year.
- External Assessment – an Achievement Standard examination.

The course is assessed against **four Achievement Standards**.

You can gain different grades for an achievement standard: Achieved, Achieved with Merit and Achieved with Excellence. The grade you achieve is determined by the quality of work as measured against national standards.

This year you will be keeping your notes on One Note. Most class exercise work will be completed online. You will be setting up under set folders as instructed by your teacher. In each unit of work there will be a teacher resource folder and a student folder that can be accessed by both you and your teacher. You are required to bring your device to each class period.

## Assessment Procedures

Refer to the guidelines that are set out in Rangī Ruru Girls' School Student Handbook (Assessment Policy).

## Absence from Assessment

Please note in the absence from any internal assessment work (written or practical) the guidelines from your Rangī Ruru Girls' School Assessment Policy apply. Refer Student Handbook.

# Year 12 Programme

Topics	Standard used for Assessment	Literacy	Approximate Date	Masterchef Challenges
<b>Unit 1</b> <b>Saving Our Resources</b>  What can we do to help save the food resources we have. Prepare food considering our resources.	<b>AS 91302v2 (5 credits)</b> <b>Internal</b> Evaluate sustainable food related practices		Term 1 Week 9	<b>Term One:</b> Create an interesting dish/product/recipe using in season fruit and vegetable Weeks 4 and 9
<b>Unit 2</b> <b>Food for High Energy users</b>  Examine and make changes to the eating patterns and nutritional considerations of people with high energy needs	<b>AS 91299v2</b> <b>5 credits</b> <b>Internal</b> Analyse issues related to the provision of food for people with specific food needs		Term 2 Week 9	<b>Term two:</b> Week 7 Main Course Pasta dish  Week 11 Snack food for Training
<b>Unit 3</b> <b>Food Security</b>  This unit involves describing food security and examining this NZ issue. You will prepare food that addresses the issue and develop health promotion material.	<b>AS 91300v2</b> <b>5 credits</b> <b>Internal</b> Analyse the relationship between well-being, food choices and determinants of health  <b>AS 91301v2</b> <b>4 credits</b> <b>External</b> Analyse beliefs, attitudes and practices related to a nutritional issue for families in NZ	Level 2 Writing	Term 3 Week 8  Term 3 Week 6/7 School examinations	<b>Term Three:</b> Week 4 Mystery Box of ingredients  Week 8 Mince Meal for family without food security
<b>Festive treats</b> <b>Revision</b>			Wednesday 22nd Nov 9:30am  NCEA Examination	<b>Term Four:</b> Xmas Food Gift

